



GET UP! GET OUT! GET FIT!

AN AIR FORCE FITNESS PROGRAM

FOR YOUTH AND ADULTS

AGES 6 & UP!

EARN POINTS & PRIZES!

USE AS YOUR TRIPLE PLAY!

SIGN UP TODAY AT THE

YOUTH CENTER!

WWW.AFGETFIT.COM

GET UP!

GET OUT!

GET FIT!



Beale AFB

Youth Center

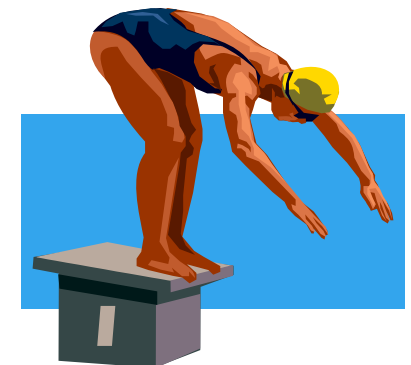
SPORTS OFFICE 634-2142



Beale Air Force Base

YOUTH CENTER

SUMMER SPORTS! 2009



530-634-4953



Junior Olympics Skills Competition



The United States Olympic Committee challenges boys & girls to showcase their athletic abilities and possibly advance to the Regional and National Finals
 May 5th May 7th May 12th May 14th
TRACK TENNIS SOCCER BSKTBALL
 Time: 3:30pm * Ages: 8-13 * Free
 Parents need to sign a waiver



S-W-I-M-T-E-A-M

REGISTRATION

May 1st –15th

Develop strokes, turns and dives as the Beale Barracudas prepare you to compete.

Ages: 5-18 * \$45 mem, \$55 non
 (Must know how to swim)

SPORTS CLINIC

May 30th @ Youth Ctr



Yuba College Coaches

- BASKETBALL
- BASEBALL
- SOFTBALL
- TRACK & FIELD
- GIRLS BASKETBALL

Sign up at the Youth Center by May 29th!

GYMNASTICS CAMP



JUNE 15-19

JULY 13-17

AGES 3 & UP!

\$45 EA SESSION

Come enjoy one of these week long camps with Ms Debbie Woods. Tumbling, bars, beam, horse, floor trampoline & FUN!

TENNIS ANYONE?

Every Friday at the tennis courts through out the summer! Ages 7-18 9am/10am
 \$15 per class—Sign up at the Youth Ctr.

Jr GOLF

Iles Academy

4:00-5:30pm

Ages: 7-17 June 8-12

July 13-17 - Aug 10-14 - Sep 14-18



CHEER CAMP

Date June 13 Time 9-12

Spend a morning with local High School cheerleaders and find out what it takes to make the squad. Learn cheers, chants and dances! Ages 8 & up
 \$15



TRIPLE PLAY!

Participate in various family activities and accumulate Bonus Bucks for great prizes like:



- Over Nighter at Fort Bragg
- 2 youth/2 adult bicycles
- Personal Trainer
- Free passes to: Six Flags, Sunsplash, Movies, Restaurants, bowling, golfing, pool passes & MORE!

REGISTER AT THE YOUTH CENTER!

THE BRITISH ARE COMING! BRITISH SOCCER CAMP

Aug 3-7

The #1 soccer Camp in the U.S. is coming to Beale! Ages 3-16
 Your choice: Mini/Half Day/Full Day
 Register at the Youth Center or www.challengersports.com

SOCCER LEAGUE

Sign up Aug 1-15

On base soccer league for ages 5-8 All practices & games on base!

\$45/mem uniform in-

\$55/non cluded

