

RECCE CHALLENGE ADVENTURE SERIES

AUG '06

Sprint Triathlon

Swim, (8 laps)

**Bike, (9.5 mi. road
or 6.5 mi. mtn.)**

Run, (2+ miles)

Road bike and mountain bike divisions.
Categories within each division are:
Single male, single female and relay co-ed*.

FEB '07

Off-Road Duathlon

Bike, (9 miles)

Run, (3 miles)

Categories are: Single male, single
female and 3-person relay
(Bike-Run-Bike) co-ed*.

NOV '06

10 k Race

Road or Trail

Categories are: Single male, single
female and relay co-ed*

MAY '07

Team Adventure Race

Bike, (2.3 miles)

Kayak, (0.25 mile)

Run, (2.2 miles)

Bike, (5.7 miles)

4-Person teams to include: men, women
and co-ed*.

**Do you have what it takes? If so, sign up to compete at
the HARRIS FITNESS CENTER • 634-2258**

**For more details go to
www.bealeservices.com/reccechallenge**

* Co-ed teams must include at least one female.