

Harris Fitness Center



Beale AFB



SPECIAL EVENTS CALENDAR

JANUARY

BEALE CUP - 3 On 3 Basketball; Volleyball; Dodgeball; FGO & Civ PT Challenge
Incentive Programs (On-going)

FEBRUARY

RECCE CHALLENGE- Off-Road Bike & Run Duathlon
Incentive Programs (On-going)

MARCH

BEALE'S BEST – Bench Press, Squat, 5K Fun Run
Incentive Programs (On-going)

APRIL

BEALE CUP - Peddle-Paddle-Pant Relay; Joust; Strong Man/Woman Competition; Tug-O-War; All Ranks PT Challenge

5K FUN RUN - Starts Wednesdays
Incentive Programs (On-going)

MAY

FITNESS MONTH

RECCE CHALLENGE - ADVENTURE SERIES
Bike-Paddle-Run

SQUADRON VOLLEYBALL CHALLENGE
AEROBATHON

5K FUN RUN - Wednesdays
Incentive Programs (On-going)

JUNE

BEALE'S BEST – Bench Press, Squat, 5K Fun Run
5K FUN RUN - Wednesdays
Incentive Programs (On-going)

JULY

BEALE CUP- 5 On 5 Soccer; Softball; Kickball; Amn & NCO PT Challenge

5K FUN RUN - Wednesdays
Incentive Programs (On-going)

AUGUST

RECCE CHALLENGE SPRINT TRIATHLON
Swim-Bike-Run

5K FUN RUN - Wednesdays
Incentive Programs (On-going)

SEPTEMBER

BEALE'S BEST – Bench Press, Squat, 5K Fun Run

5K FUN RUN - Wednesdays
Incentive Programs (On-going)

OCTOBER

BEALE CUP - 10 Mile Relay; Red Zone Football; Ultimate Frisbee; SNCO & CGO PT Challenge

5K FUN RUN - Wednesdays
Incentive Programs (On-going)

NOVEMBER

RECCE CHALLENGE - ADVENTURE SERIES
10K Road / Trail

TURKEY TROT – 5K Fun Run
Incentive Programs (On-going)

DECEMBER

BEALE'S BEST – Bench Press, Squat, 5K Fun Run
JINGLE BELL FUN RUN – (Last 5K Fun Run)
Incentive Programs (On-going)

www.bealeservices.com/harrisfitness