

★ ★ ★ BEALE AFB FLIGHT KITCHEN ★ ★ ★

SMALL BREAKFAST

Includes choice of Supplement Pack

\$2.30 Standard Meal Rate

- 1 Frozen Bagel, Plain
- 2 Two assorted cereals with 2 milks
- 3 Two English muffins with egg & cheese
- 4 Sausage & egg sandwich
- 5 Bacon & egg sandwich
- 6 Ham & egg sandwich
- 7 Egg & cheese Sandwich

COFFEE PRICES

1/2 gallon (8 cups) **\$1.60**

1 gallon (16 cups) **\$3.20**



All meal orders must be called in two hours in advance of desired pick-up time.

All meal orders will be prepared in order of precedence according to mission requirements and customer needs.

The Beale Flight Kitchen is located inside the Contrails Dining Facility, Bldg. 2490, 17853 16th Street.

Phone: 634-2537 • FAX: 634-4056

LARGE MEAL MENU

Includes choice of Supplement Pack

\$4.25 Standard Meal Rate

- 1 One turkey and ham on a deli roll with Swiss cheese, lettuce, tomato and onion.
- 2 One turkey sandwich on wheat bread with cheese, lettuce, tomato and onion.
- 3 One tuna salad sandwich on white bread.
- 4 One roast beef (6oz) sandwich on wheat bread with cheese, lettuce, tomato and onion.
- 5 One ham sandwich on wheat bread with American cheese, lettuce, tomato and onion.
- 6 One grilled chicken breast sandwich on a hamburger bun with cheese, lettuce, tomato and onion.
- 7 Two peanut butter and jelly sandwiches on white bread.
- 8 Two peanut butter and jelly sandwiches on white bread with no crust.
- 9 Breaded Chicken Strips



SMALL MEAL MENU

Includes choice of Supplement Pack

\$2.30 Standard Meal Rate

- 1 One Chicken Patty Sandwich on a hamburger bun with cheese, lettuce, tomato and onion.
- 2 One ham sandwich on white bread with cheese, lettuce, tomato and onion.
- 3 One turkey sandwich on white bread with cheese, lettuce, tomato and onion.
- 4 One chicken breast sandwich on a hamburger bun with cheese, lettuce, tomato and onion.
- 5 Chef salad with chicken, fresh vegetables, and choice of two salad dressings.
- 6 Chef salad with turkey, fresh vegetables, and choice of two salad dressings.
- 7 Chef salad with ham, fresh vegetables, and choice of two salad dressings.
- 8 One Tuna salad sandwich on white bread
- 9 One ham & turkey sandwich on white bread with cheese, lettuce, tomato and onion.
- 10 One tortilla wrap with turkey, ham and roast beef, cheese, lettuce, tomato and onion.
- 11 One tortilla wrap with diced chicken, shredded cheese, lettuce, tomato and onion.

SUPPLEMENT PACKS

For specific choice of supplemental pack, call the Contrails Inn at 634-4528/2537. At minimum supplement includes but not limited to a choices of beverage, snack, fruit bar, fruit cocktail, fresh fruit/vegetables, candy, and yogurt.

- A** Water, can of soda, candy bar, multi-grain bar and chips.
- B** Water, juice, Rice Crispy Treats, chips, and fruit cocktail.
- C** Water, Gatorade, muffin, cookie and chips.
- D** Two water, fruit cocktail, yogurt, pasta salad, and a granola bar.
- E** Milk, juice, carrots, celery, multi-grain bar and applesauce.
- F** Water, Gatorade, carrots, celery, potato salad, and raisins.
- G** Two water, fruit cocktail, pasta salad, yogurt, and a granola bar.
- H** Water, Gatorade, carrots, celery, potato salad, and raisins.
- I** Water, juice, yogurt and a granola bar.
- J** Water, soda, candy bar, carrots.
- K** Water, juice, gum, pudding and pasta salad
- L** Water, juice, gum, chips, candy bar, and potato salad.



Effective 1/05/09